

## **Our Philosophy of Care**

We believe that helping our residents to stay active and make their own decisions about what they do and how they spend their time, helps them remain happy and healthy for longer.

We believe in tailoring our care to fit the unique needs of each resident.

We aim to make the most of our residents' strengths so each can be as fulfilled and independent as possible.

We believe that a good quality of life stems from the ability to take pleasure in the ordinary and familiar things that we do every day and that these simple tasks can be used to promote and support health and well-being.

We believe that nobody should be deprived of their dignity or quality of life, or be excluded from participating in their community, because of their age, frailty or lack of support.

We believe the diversity of our residents is our greatest asset and that through the formation of positive relationships they can continue to be part of a vibrant community.

We value the involvement and understanding of our residents' families and friends as we believe the insights, companionship and fun they bring enhances life in our homes for everyone.

We believe that teamwork between all employees ensures that each resident receives appropriate assistance to remain as self-reliant and mobile as possible.

We believe in supporting our staff by offering training and an environment that welcomes and encourages innovative thinking.